

Natalie P. Hall Testimony  
“The Performance Treadmill and Guilt”

God wants you to have identity in Him and live a life free from any guilt, standards, and not good enough mentality.

I was born in Ukraine, into a family with strong Christian roots. From an early age I began singing, and fell in love with music. My early teenage years were filled with lots of music, traveling with groups from church, and singing.

When I was enrolling into music conservatory in Ukraine, the dream to be vocal performance major was destroyed by the Dean of Music, because I am a Christian. Instead, she “allowed” me to study violin. I disliked violin! As a violinist, I was always told that I had to try harder to be better. My good was never good enough, and my best could always be better. This became my life motto, and without realizing it, I attached others to my motto: my friends, my family, and especially my husband. Since I felt like I was not good enough, they also were not good enough. I always had to be better, and so should they. This created depression with deep guilt within me.

I felt like I never measured up, and even though I worked and worked, it never felt like I was good enough. You see, I carried this NOT GOOD ENOUGH with me all my life.

When I moved to the USA, this not good enough feeling grew even more. I felt defeated. I would say: “I just want to be free from this heaviness I have in my heart and in my life. I want to feel like I am ok”. I would see people in church who were happy, free, content, put together. I measured myself against them, never realizing that in order for me to be what God wanted me to be, I needed to stop measuring.

My identity was messed up. I identified myself and lived according to the standards of how many friends I had, how good I could play the violin, how many hours I practiced, or how much education and experience I had.

I didn’t believe that God could make beauty out of my ashes. My ashes were so dark and hideous that I decided there was no reason to live, and I began to make plans to commit suicide.

I felt like I was the reason for all the wrong in my life and I punished myself with verbal abuse. The guilt was so thick that I felt like I will never be good enough for God, or anyone, or anything. The enemy took all of my feelings, and he twisted and used them against me. My standards produced bondage. I was trapped.

In my darkest moments, I set up a plan to overdose on pain killer pills. I made sure I had enough pills and planned how I was going to end my life. Instead of writing a note to my husband, I called and told him I was going to overdose!

At that point Father God stepped in and said NO!

Thank you, Father God, for Your love and acceptance. He is my restorer. As He began to restore me, I started to realize that my worth does not come from who I am or what I do, it comes from God who made me and takes me the way I am. He does not use guilt and fear to motivate me. He motivates me with His love. His love is so big! He wants me to receive it and cling to Him only. With Him next to me I am important, loved, cared for, valued, and treasured. He knows what I want and need. He's already

provided!! I thank Him for the Holy Spirit who is my comforter and helper. I will no longer be measuring up to others and putting up standards in my life. I will look to God as my source of everything I need. He can make everything beautiful even from what I think is ugly or worthless. Hallelujah!!

“And he that sat upon the throne said, Behold, I make all things new. And he said unto me, Write: for these words are true and faithful.” Revelation 21:5

God wants our identity to be wrapped up in Him and to live free from any guilt, standards, and not good enough mentality.

He made me new, and He can do that for you too!

Natalie P. Hall has devoted her life to music and the study of violin. Beginning in Chernivtsi, Ukraine, at Music School and Conservatory, she performed throughout the region in quartets, orchestras, choirs, and numerous recitals.

As she moved to the USA, she developed as a performer through her work with the symphony orchestras, Broadway, and college work.

She has played off-Broadway and Broadway shows such as “Wicked” and “Evita” in New York City. Her Broadway repertoire includes 18 shows and counting.

While residing in NYC she worked as violinist on Broadway, playing many weddings, engagements, special events and corporate events, gallery openings. Appeared in Trinity Broadcasting Network.

Natalie is the owner of “Classic Strings”, which she founded in 2005.

Natalie studied in NYC with renowned violin teacher Joey Corpus.

She established her teaching career in 2001, and since has shared her passion for music with many students! Some have gone on to pursue degrees in music.

Natalie's debut album “Living For Jesus” holds hymns that are near and dear to her heart, which she arranged for violin and piano, violin solo, duet, trio, and string ensemble. The album carries Classical and Church music genres with elements of Ukrainian folk music. The theme of the album is to live a life of trusting Jesus.

Her recent single releases include two Christmas tunes: a reggae take on “Joy to the World”, and “In the Bleak Midwinter”. In 2019 she released “Jesus Is All” in jazz style, this single debuted on Christian radio around the world.

Natalie has appeared on WBPI-49 Club 36 of Watchmen Broadcasting with Dorothy Spaulding.

Natalie was featured on Corner Cafe Christian Radio Show with Rachel Mains and Jamie Daniel.

Currently Natalie is working on her first Christmas project, which is due to be out November 2022!